



UC San Diego

SCHOOL OF MEDICINE

This is to certify that **Werner Absenger** has attended, in its entirety, the following continuing education activity sponsored by UC San Diego Center for Mindfulness:

**ME-CL1: Mindful Eating-Conscious Living:
A Foundational Professional Training**
October 10-15, 2017
Great Vow Zen Monastery, Clatskanie, OR

29.0 contact hours for APA and 34.75 for BRN

Psychologists: The UC San Diego Center for Mindfulness is approved by the American Psychological Association to sponsor continuing education for psychologists. The UC San Diego Center for Mindfulness maintains responsibility for this program and its content. This course offers 29.0 hours of credit.

California licensed MFTs, LPCs, LEPs, LCSWs: The UC San Diego Center for Mindfulness is approved by the American Psychological Association to sponsor continuing education for psychologists. 29.0 contact hours may be applied to your license renewal through the California Board of Behavioral Sciences. For those licensed outside California, please check with your local licensing board to determine if APA accreditation meets their requirements.

Nurses: UC San Diego Center for Mindfulness is approved by the California Board of Registered Nursing, Provider Number CEP16351, for 34.75 contact hours.

A handwritten signature in black ink, appearing to read "S. D. Hickman" with "Psy.D." written below it.

Steven D. Hickman, Psy.D.

Associate Clinical Professor, UC San Diego Departments of Psychiatry and Family & Preventive Medicine
Founding Director, UCSD Center for Mindfulness