Getting Your Groove Back

Sex, Stress, Body Image Issues, and Cancer

An 8-Week Sexual Wellness Enhancement and Enrichment Training Program (SWEET)

Alexzandria Baker, M.Sc, Ph.D.(c), Relationship Coach and Clinical Sexologist

Please join Alexzandria to explore the world of relationships, intimacy, and holistic sexual wellness during and after cancer treatment.

Barbara Carlson, B.Sc., Artist, Yogi, and Peer Navigator Survivor

Barbara is a lifelong West Michigan resident who has been diagnosed with breast cancer twice (2007 & 2009).

Learn More at www.AMACF.org

To register or for more information contact Werner at (616) 607-7360 or werner@amacf.org. The Absenger Cancer Education Foundation

ACEF Member $80 for Series

Nonmembers $160 for Series

Starts Saturday, February 21, 2015, 3-5 pm

✦ Increase positive sexual adjustment and coping skills
✦ Improve intimate supportive communication around body image issues
✦ Improve couples’ supportive communication
✦ Rediscover loving ground with your partner
✦ Reduce negative mood
✦ This support group is only open to survivors of, and women with breast and gynecological cancers